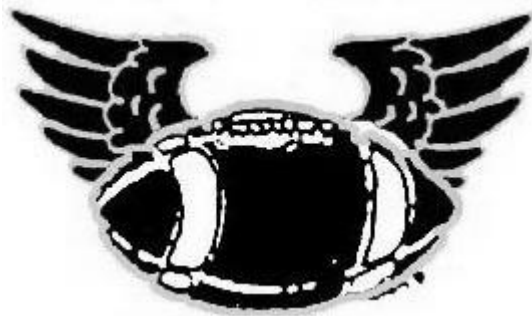


LOWER BURRELL FLYERS



2014 Handbook

welcome to flyers football and cheerleading

Welcome to a tradition that began back in 1957 – a tradition that is carried on today thanks to the work and cooperation of many people. This should be another exciting season, and we are looking forward to competing for another Super Bowl Championship. We expect tough competition in the Greater 28 Youth Football League, but we know our kids are up to the challenge! We are glad you have chosen to be a part of the 2014 season of Flyers Football and Cheerleading.

To begin, we would like to offer our thanks to all the volunteers and sponsors, whose efforts and support are already in place to make this another successful year of football and cheerleading. There has been a tremendous amount of work and preparation done to get this season off to a good start. However, we need this to continue as the season gets underway. Football and Cheerleading are, first and foremost TEAM sports, and we would not have the success we've enjoyed throughout the years, without a team effort from many people; including our players, our cheerleaders, and of course, all of the parents.

We've organized many of our program details, expectations and responsibilities in this handbook. Communication is vital in making this an enjoyable season for everyone, and we are committed to doing our best to keep the lines of communication open. However, we also need you to do your part in the communication process, and make sure you pay attention to handouts, website updates, texts, emails, etc. to make sure you have the most up to date information. This handbook will include event schedules and staff rosters for your reference throughout the year. We hope this information provides a framework for you to better understand the Flyers Football Organization. Please feel free to contact any board member should you have *any* questions about anything. And please don't be afraid to volunteer - we need your help and support to make this season a great success! Our vision is to have the kids who participate in this organization leave with great memories that last a lifetime!

Best wishes for a fun and memorable year of Flyers Football and Cheerleading!

2014 Board of Directors

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about our program and the g28yfl

Flyers Football has a long tradition of presenting a successful and winning youth sports program dating back to 1957! Our 200+ youngsters play and perform from as young as 6 years of age through 13 years of age. The Lower Burrell Flyers belong to the Greater 28 Youth Football League (G28YFL), which includes teams from Ar-Ken, Ford City, Guyasuta/Fox Chapel, Highlands, North Hills and Woodland Hills. We will play at least 9 regular season games this year (possibly up to 10), culminating in playoffs, and a Super Bowl. The league also ends the year with a "Senior Bowl" for the senior Flyers players. Players from the East compete against players from the West in an exhibition game. This is a great way to honor the players as they leave the Flyers Football Program.

Preparation for the season begins in mid-July, with games starting at the beginning of August. This leaves approximately two weeks to prepare for the season. As a result, at the beginning of the season, we practice 5 days a week (Monday through Friday) until the time when school starts. At this point each Head Coach will determine the practice schedule for their team. This is a huge commitment from all, including the coaches, the players and the parents; but the benefits show on and off the field, as your child's confidence and self-esteem grow. You will see strong friendships develop among the children, and often the parents as well, that will last a lifetime! Once a Flyer, always a Flyer.

A word about coaching: Our coaches are dedicated to your child and the sport. Many have been active at different levels of competition as coaches and players. They are experienced; some with over 30 years of experience! We ask you, as parents, to let the coaches coach. First and foremost, there is a huge amount of information for the children to learn. Please give them time to absorb that information and become experienced and confident in their ability. Be supportive of your child's efforts to learn. As always, if you have any questions or concerns you would like to discuss with a coach, we ask that you do that before practice. Time spent with you during practice, is less time the coaches have to instruct the youth of our organization.

Help us continue to keep the Flyers Football and Cheerleading tradition strong!

2014 flyers board of directors

executive officers

President	John Fisher	(724) 339-0973
Vice President	Ron Beach	(724) 351-0670
Secretary	Robin Bennis	(724) 882-0350
Treasurer	Nicole Kennedy	(412) 480-2400
Head Coach	Dave Bellinotti	(724) 335-3192
Cheerleader Coordinator	Sara Nowikowski	(724) 472-7466

appointed board members

Coach Representative	Dave Phillips	(724) 681-3895
Coach Representative	Ed Shybloski	(724) 212-6318
Director	Chad Clark	(724) 980-7599
Director	Beth Beattie	(724) 882-7408
Director	Staci Bechtold	(724) 727-5742
Director	Chuck Bigler	(724) 448-5279
Director	Melanie Martin	(724) 594-3548
Director		
Director		

2014 flyers coaching staff

football

Ages for football are determined by the age of the child on July 31st. The only exception is the Flyers Football Team, which uses May 1st as the deadline.

(Coaches are subject to change)

plebes

6 - 7 years old	Head Coach:	Dave Phillips
98 Pounds Max*	Assistant Coaches:	Ray Bitar
* With full pads, minus helmets		Ted Bibza
		Keith Brancato
		Mike McKay

recruits

Maximum age 9	Head Coach:	Shawn Bennis
115 Pounds Max	Assistant Coaches:	Tom Ulizio
		Dave Arledge
		Shawn Mele
		Mike Kennedy

cadets

Maximum age 11	Head Coach:	Ed Shybloski
130 Pounds Max	Assistant Coaches:	Matt Martin
		Paul Parades
		Tyler Henderson

flyers

Maximum age 13	Head Coach:	Dave Bellinotti
155 Pounds Max	Assistant Head Coach:	Butch Nowikowski
	Assistant Coaches:	Ray Kastelic
		Jim Brown
		Matt Landowski

cheerleading

Cheerleaders are assigned to a squad based on their age as of July 31, 2014

plebes

6 – 7 Years Old	Head Coach:	TBD
	Assistant Coaches:	TBD

recruits

Maximum age 9	Head Coach:	TBD
	Assistant Coach:	TBD

cadets

Maximum age 11	Head Coach:	Jamie Bigler	(412) 302-4007
	Assistant Coaches:	TBD	

flyers

Maximum age 13	Head Coach:	Sara Nowikowski	(724) 472-7466
	Assistant Coach:	TBD	

2014 schedule of events

uniform & equipment pickup

Football player uniforms and equipment and cheerleader uniforms will be distributed at the discretion of the coaches. Please remember that you must receive your fundraising packet, turn in your volunteer deposit check, and pay any outstanding registration fees before you can receive your equipment.

July 14th – 6p to 8p – football equipment handout for Plebes, Recruits and Cadets

July 21st – 6p to 8p – football equipment handout for Flyers

Cheerleader uniform handout is yet to be determined, and will be posted on the web site.

Note: Equipment turn in will be determined by the head coach after the final game. It is YOUR responsibility to get your child's uniform & equipment turned in.

football conditioning

July 22nd – 24th – 6:00 PM to 8:00 PM at Flyers Field

cheer clinic

TBD – we will post more information on times, etc. on our website.

practice schedule

Practice for both football and cheerleading is held at Flyers Field on the Route 56 bypass. Beginning July 28th through August 22nd football practice will run from **6:00 - 8:30 PM**, Monday through Friday. After school starts, we move practice times from **5:30 - 8:00 PM**, and coaches will let you know the practice schedule for the days of the week from that point forward. Each coach will determine the practice schedules based on the needs of his team.

Cheerleading practices will be likely be the same as the football schedule for the first few weeks, but will be determined by each cheer coach, and may not coincide with the boys practice schedule for the entire season.

football camp

Football Camp is no longer being held. Cadets and Flyers will be notified by their coaches if the first week of practice will be different from the 6:00 – 8:30 PM time frame.

game day information

greater 28 youth football league weigh in

All players will be weighed in at the field on which you will be playing that day. Game times will be announced prior to each game. Weigh in occurs at half time of the game preceding yours. For those who are close to the maximum weight, arrangements to weigh in earlier can be made, as long as there is a weigh master available. Plebes will be instructed by their coaches as to the time they need to be there for their weigh in. **NO PARENTS PERMITTED DURING WEIGH INS!**

Weigh In is important!!! If your child misses weigh in, they WILL NOT BE ABLE TO PLAY!!!

game schedule

The g28yfl season will run for ten weeks and we will play eight games with two bye weeks. We will start the season with an exhibition game against Ford City. Our first two regular season games will not count toward the playoffs. Our final six games will be against the other teams in our league.

August 2nd – Home vs. Ford City

August 9th – Home vs. Highlands

August 16th – at Guyasuta/Fox Chapel

August 23rd – BYE WEEK

August 30th – Home vs. Guyasuta/Fox Chapel

September 6th – Home vs. Ford City

September 13th – at Ar-Ken

September 20th – **Home vs. Woodland Hills**

September 27th – at Highlands

October 4th – BYE WEEK

October 11th – at North Hills

*Please note – all game dates and times are subject to change. Please verify EACH week!

* Home games will be played at Flyers field

* Game times will be posted on our web site.

* Away game times and directions will be posted on our web site.

playoff schedule

1st round - October 18th – at location TBD

super bowl - October 25th – at Ford City

recognition

program/ad book

Due to a lack of interest, we will no longer be printing an official program. With the cost of printing, and fewer business sponsors, we were losing money on the programs. We will offer other ways during each home game for you to recognize your child. We will provide more information on these opportunities closer to the season.

banquet

We will hold two banquets at the end of the season. One for the Plebes and Recruits, and another for the Cadets and Flyers. The Plebe and Recruit banquet will be a less formal time with pizza and other snacks. The kids will have time to play and run around – just having fun. They will still receive their awards at the banquet.

The Cadet and Flyer Banquet is a more formal event held at the Clarion Hotel. This banquet follows in the tradition of the Flyers, and is a great celebration of the season. Since the kids are older, this is a sit-down event that often includes a speaker.

The banquet committee provide more information, once all arrangements are finalized. This information will be available on our website.

awards

Each year, the Flyers Organization will present each child with a gift. These gifts are decided upon by the banquet committee and approved by the board. The board of directors wants to provide our children with the best gifts possible, but there are many factors that determine what gifts will be given. Some of these factors include:

- Funds available to purchase gifts
- Years of participation in the organization
- Attendance at practice and games throughout the entire season
- COMPLETION OF FAMILY FUNDRAISING/VOLUNTEER REQUIREMENTS
- Return of all equipment/uniforms

The board reserves the right to withhold individual gifts, if the child and/or family do not meet **any** of the above requirements.

team photos

Photographs will be taken for both team/squad and individual photos, early in the practice season. Picture day for the football players and sibling photos is scheduled for August 4th, 2014. Cheerleading photos are scheduled for August 5th, 2014. Picture time

for both days will be 5:00 PM for Flyers/Cadets and 5:30 PM for Recruits/Plebes. **All players and cheerleaders will need to be dressed in game uniforms.** A make-up day is scheduled for Wednesday, August 13th at 5:00 PM.

Pictures can be picked up from your team parent when they are delivered. Please pick up your pictures in a timely manner. The Flyers will not be responsible for pictures that are not picked up.

fundraising

As you might expect, the costs to run a program of this magnitude are tremendous. In order to keep registration fees at a reasonable level, we must find ways to generate additional monies in order to cover all of our costs. Items such as the lease of the property, insurance, field maintenance, electric, propane, portable bathroom rental, cooking equipment, etc. are necessary for us to operate. That doesn't include the equipment and uniforms needed by the players and cheerleaders.

In order to raise these needed funds, the Flyers organization will conduct different fundraisers throughout the year. Every **family** will have to choose between two options for the fundraisers. The options are either to participate in the fundraiser according to the terms listed below, or to pay the cash buy out. We will have three mandatory fundraisers for **each family** (not each child) this year. Each family will be given a fundraising packet that will include all three fundraisers, when they pick up their equipment.

Families who choose to “buy out”, will be asked to pay the **\$280** buy out at registration. This is so we can determine how many families will be participating in our fundraisers. **You will not receive any tickets if you choose to buy out.**

We understand that not all fundraisers work for everyone. Because of this, if you would like to “swap” any fundraisers, you may do so. An example would be selling extra gun bash tickets, instead of selling Subway cards. If you want to swap, you will be given enough of the other tickets to cover the profit we would have made on the fundraiser you are choosing not to do. The breakdown is as follows:

Swap Subway cards for gun bash tickets – get 4 extra gun bash tickets

Swap Subway cards for night at the races tickets – get 5 extra night at the races tickets

Swap night at the races for gun bash tickets – get 3 extra gun bash tickets

Swap night at the races for Subway cards – get 8 extra Subway cards

Swap gun bash tickets for Subway cards – get 36 extra Subway cards

Swap gun bash tickets for night at the races tickets – get 18 extra night at the races tickets

subway cards

Due Date – week of August 25th

Terms: sell 10 tickets per family at \$10.00/ticket.

night at the races

Due Date – week of September 1st

Terms: sell 4 tickets per family at \$10.00/ticket. Horses may be purchased at the concession stand on a first come first served basis, at \$10 each.

gun bash tickets

Due Date – week of October 6th

The Gun Bash is Sunday, November 2 2014 at Kinloch Firehall

Terms: sell 12 tickets per family at \$15.00 per ticket.

turning in your fundraisers

It is important to turn your fundraising money in on time. We will have a designated area set up at the field to collect this money. Money will be collected by board members every evening during practice during the week each fundraiser is due, as indicated above.

Please do not turn in fundraisers to coaches, team parents, or at the concession stand. If your fundraising is not turned in during our designated collection times, you may not receive proper credit for what you turned in. You will be responsible for any lost money.

If for some reason you are not able to make it to the field any evening the week the fundraiser is due, please contact a Board member to make other arrangements.

an important note about fundraising...

Each year we have families who have difficulty selling their fundraising tickets for various reasons. **If you think you will have problems selling tickets, please notify a board member at the START OF THE SEASON.** We do offer the option of choosing to “buy-out” of the fundraiser. If the \$280 fee creates an issue, we will do our best to work out an arrangement to help you satisfy your fundraising obligation. However, we need to know this at the start of the season, and not at the deadline for turning in your tickets. **If you wait until the tickets are due, you will be required to purchase them yourself.** Please understand that this is not done to punish anyone, but it is not fair to have the majority of our families either sell or purchase their tickets, and then have other families who don’t sell anything. Out of respect for others, please help us by doing your part.

All fundraising money must be turned in to the Board on or before the due date of the fundraiser.

it is better to build boys than to mend men

membership

According to our by-laws, the definition of a member of this corporation shall be: any person paying \$2.00 per person or \$3.00 per couple for one year from July 1st to June 30th of the ensuing year. You cannot vote at corporate meetings if you are not a member. This includes voting for board members or any by-law changes at the end of the season.

Please note – this requirement is part of our by-laws, we must adhere to it. In order to change the by-laws, we need a majority vote of the members. The board may propose by-law changes at the end of this season, **but only members will be able to vote for board members and these by-law changes.**

volunteering

When you elected the Board of Directors, we agreed to do our best to lead this program in a way which will benefit everyone involved. This organization does not belong to the Board of Directors. It belongs to the families that are a part of it, and most importantly the children who participate. The job of the Board is to direct and oversee the various things that are necessary to make this organization function. However, we cannot possibly do all of the work, on top of what is already required to serve.

As a result, we need you to do your part to support the upkeep and maintenance of our field and program. Each family will be asked to give just one hour to help maintain the property, beginning in the spring and running through the end of the season. Work days will be published on our web site, and emailed to those already registered. We will ask for volunteers to begin, but if we get no response, we may assign a work time to each family. We certainly don't expect anyone to work all day, but a little help from a lot of people will go a long way toward making this season a success!

Another area where we rely on our parent volunteers is during our home games. Home games are particularly significant as income sources for us, and your help allows us to keep other fundraising to a minimum. We are requesting that one person per family volunteer their time twice throughout the season to: work the concession stand, work the gate, sell 50/50 tickets, help with parking, be a part of the clean-up crew, etc. We will have a list of volunteer opportunities available during Equipment Days. Beginning at that time, you will be asked to choose the jobs you would like to volunteer for. This is done on a first come, first served basis. Based on the responses received, we will put together a volunteer list that will be published on the web site, and also at the concession stand.

If you cannot work the day you are scheduled, you must make arrangements for someone else to work your time.

donations

We know that many people in our organization have unique gifts and talents. You can help us by putting those gifts and talents to use! One area where this applies is with food donations. If you have a special dish or food that you enjoy making, would you consider donating it to the concession stand for us to sell? The concession stand committee would like to offer affordable dinners to our families on practice nights. Donations can help us to keep our costs down, and make these meals as affordable as possible. We also like to offer special foods on game days, and your donations here can go a long way to help make our concession stand profitable. If you are interested, please stop by the concession stand to sign up for a week night or game day meal, to avoid duplication of effort.

Of course, food donations are only one example. If you are a handyman or enjoy maintaining our facilities, then you may want to donate some time as part of our field maintenance committee. If you enjoy planning for special events, then maybe the banquet/awards or special events committee is for you. Our committee information is detailed in the next section, but any donation of your time and talents is much appreciated and needed!

committees

One of the best ways for you to help your child to get the most out of this season is to get involved in one or more of our committees. Each committee is headed by a board member, and we welcome and encourage participation from all of our families. By being on a committee, you get to see first-hand how things work in the organization. We also believe that everyone is more accountable, there is more transparency, and more trust is built when the members of our organization join our directors in its operation.

Our current committee list below will give you more information. Hopefully it will give you a better idea of what is required if you choose to help. The best way for you to share your thoughts and ideas is by being a part of a committee.

Please feel free to ask any of our board members if you have further questions.

Apparel & Awards

Chairperson: Beth Beattie

Other members: Melanie Martin, Robin Bennis, Nicole Kennedy

The apparel committee is responsible for determining what apparel the Flyers organization will sell to raise money, as well as the year-end gifts for the kids. These typically include things like t-shirts, sweatshirts, shorts, sweat pants, jackets, etc.

Areas of Responsibility:

- Determine items we want to sell and their pricing
 - Determine how we want to market the items
 - Present marketing plan and items to board for approval
 - Get rosters in order to verify sizes for each child
 - Determine which gifts to get and get costs – includes knowing which gifts are to go to certain teams/ages
 - Put all gifts in gift bags for distribution to kids
 - Present gifts and costs to board for approval
-

Banquet

Chairperson: Nicole Kennedy

Other members: Beth Beattie

This committee will handle all aspects of our year end banquet, including planning, event location, inviting people, keeping track of those signed up for the banquet (including payments).

Areas of Responsibility:

- Determine the location of the banquet(s)
 - Make the appropriate reservations for the banquet(s), including any deposits needed
 - Notify parents and kids in the organization about banquet dates with an RSVP letter
 - Invite any special guests including former Flyer coaches, Burrell Senior players and cheerleaders, etc.
 - Arrange for a guest speaker(s)
 - Develop a program for each banquet (if necessary)
 - Keep track of all banquet reservations and guests lists for any banquets
 - Get board approval for banquet types, locations, costs, etc.
-

Communication

Chairperson: Ed Shyblowski

Other members: Dave Bellinotti, Dave Phillips

This committee is in charge of communicating information from the organization to the parents, players, coaches, etc. This can be done in a variety of ways such as the web site, newsletters, handouts, team parents, etc. It also includes getting information out to the community about important events and other happenings for the organization. Communication is a vital link, and when done well, makes everything run more smoothly for everyone.

Areas of Responsibility:

- Determine all necessary communications throughout the season to keep everyone up to date. Includes handouts, newsletters, web updates, emails, texts, etc.
- Work with web designer(s) to keep website current and up to date
- Work with team parents to make sure information is distributed to teams in a timely manner.

Concession Stand

Chairperson: Chuck Bigler

Other members: Rebecca Fisher

This committee is responsible for running the concession stand for both practices and games. This includes overseeing all operations pertaining to the concession stand such as ordering items needed, arranging for pickup or delivery of items, offering a variety of foods for people to enjoy, and generating as much profit for the organization as possible.

Areas of Responsibility:

- Clean and prepare concession stand for the season and close it down after the season
- Develop menus for practice and game day, including pricing of items
- Purchase all items needed to stock concession stand, and arrange for pickup and/or delivery of items
- Determine what equipment needs to be purchased and/or replaced annually
- Work with treasurer and others to develop a plan to keep track of revenues after practices and games
- Work with volunteer committee to make sure we have volunteers for practice nights and game days
- Present pricing for menu items and/or any equipment needs at board meetings.

Field Maintenance

Chairperson: Ron Beach

Other members: Chuck Bigler, Curt Britton, Chad Clark, Dave Phillips

This committee is responsible for maintaining the buildings and grounds at Flyer's field. This includes cutting grass, trimming weeds, painting the field, and any other maintenance necessary to keep the building and grounds looking as nice as possible, and safe for everyone who comes to our facility.

Areas of Responsibility:

- Develop and maintain a schedule for annual maintenance that is needed for building, grounds and equipment
- Develop a schedule and volunteers for grass cutting, and weed trimming
- Perform an annual inspection of all buildings, grounds and equipment, and make appropriate recommendations to the board to keep the property in good shape
- Paint the field for practices and games

Fund Raising

Chairperson: Robin Bennis

Other members: Ron Beach, Beth Beattie, Melanie Martin

This committee oversees the fund raisers that are done each year by the organization. They are to suggest fund raisers to the board for approval, and help in the collection of fund raisers throughout the year.

Areas of Responsibility:

- Develop a plan for raising the funds needed for the year and present it to the board for approval
- Make any necessary arrangements for fund raisers including: site rental, tickets printed, etc.
- Prepare fund raising packets and ways to keep track of each family's fundraising
- Determine times to collect fund raising and notify families of these times
- Keep the board up to date on families who are delinquent in their fund raising efforts

Nominations/Elections

Chairperson: Robin Bennis

Other members:

This committee will take care of providing a slate of officers for election at our annual banquet. The committee will provide recommendations for four (4) officers: President, Vice President, Secretary and Treasurer, as well as seven (7) directors. This committee needs a minimum of one board member.

Areas of Responsibility:

- Notify the organization in September about running for board positions
- Create a sign-up sheet for people to get on the ballot
- Create a ballot for elections, and determine when and where election will be conducted.
- Count all ballots and announce the new board of directors

Special Events

Chairperson: Nicole Kennedy

Other members: Lisa Bellinotti

This committee will decide upon any special game days throughout the season. Examples would include Parent's Day, Alumni Day, Sponsor Thank You Day, etc. This committee needs a minimum of one board member.

Areas of Responsibility:

- Determine what Special Event Days we will hold during the season (e.g. Parent's Day, Alumni Day, etc.)
- Purchase whatever is necessary for each event and decorate appropriately
- Send out whatever invitations or notices are needed to let people know about the Special Events
- Organize events and coordinate game day activities
- Get board approval for Special Event Days and monies needed to purchase items

Picture Day

Chairperson: Robin Bennis

Other members: Nicole Kennedy

This committee will make sure a picture day photographer is arranged, and dates for pictures are set. They will also provide names and team pictures for the program book. This committee needs a minimum of one board member.

Areas of Responsibility:

- Contact a photographer and arrange the date(s) for pictures
- Distribute picture forms to families
- Work with photographer to get team pictures, making sure to get names of kids in each picture
- Get pictures to program chairperson to be included in program

Advertising

Chairperson: TBD

Other members: TBD

This committee used to be our program committee, but since we are no longer doing a program, we are focusing our efforts on trying to raise money through advertising at the field. The idea is to use the space available (walls, fences, etc.) as possible places to advertise. This committee needs a minimum of two board members.

Areas of Responsibility:

- Develop an advertising campaign for Flyer's Field. Determine areas available to place advertising, and the costs to do so. Present this advertising campaign to the board for approval.
- Distribute advertising information to potential business advertisers through letters or going business to business
- Oversee advertising sales
- Send a thank you letter to all business advertisers

Registration

Chairperson: Robin Bennis

Other members: Beth Beattie, Nicole Kennedy

This committee will prepare for registration of children in the organization. This includes the handbook provided at registration, registration forms, and the advertising of registration throughout the community. This committee needs a minimum of two board members.

Areas of Responsibility:

- Determine registration rates for all Flyer's programs. Present to the board for approval
 - Work with web designer to get all registration information online
 - Determine any registration dates for people to sign up
 - Develop handbook and other information needed to be a part of the registration packet
 - Develop handout for schools and other organizations detailing opportunities to participate in the Flyer's programs
 - Collect registration fees and distribute information on designated days.
-

Volunteers

Chairperson: Nicole Kennedy

Other members:

This committee will work at providing volunteers for various activities within the organization. These can include help for work days, game day, fundraisers, etc. A list of volunteers for each activity should be created and posted for people to reference. This committee needs a minimum of two board members.

Areas of Responsibility:

- Coordinate volunteers for various help throughout the organization, especially the concession stand.
 - Recruit team parents for each team, and help keep them informed of information they need to distribute.
 - Develop a way to keep track of each volunteers commitments and if they have met their volunteer requirements.
 - Provide a list to the board of each volunteer and if they have or have not fulfilled their required duties.
 - Recommend to the board what the volunteer deposit/buyout should be.
-

Gun Bash

Chairperson: Ray Kastelic

Other members: Lisa Kastelic, Dan Horwatt, Marty Moorhead, and all board members are a part of this. We will develop special committees just for this event.

Food

Beer/Pop

Tickets/Ticket Sales

Walk Around Guns

Sound

Set Up/Clean Up

Committee should begin meeting in: February

Areas of Responsibility: TBD

2014 budget

INCOME	2014	EXPENSES	2014
Apparel	\$3,750.00	Apparel	\$3,000.00
Donations	\$1,700.00	Donations	
TOTAL Fundraising	\$79,000.00	TOTAL Fundraising	\$51,500.00
Game Day	\$23,300.00	Game Day	\$10,000.00
Program Ads	\$0.00	Program Ads	\$0.00
Registration	\$13,000.00	Registration	0
Banquet	\$3,000.00	Banquet	\$4,600.00
Banquet Gifts		Banquet Gifts	\$12,500.00
Camp	\$0.00	TOTAL Camp	\$0.00
TOTAL Equipment	\$0.00	TOTAL Equipment	\$24,300.00
TOTAL Fees & Charges		TOTAL Fees & Charges	\$50.00
Field Lease		Field Lease	\$4,000.00
TOTAL Field Maintenance		TOTAL Field Maintenance	\$7,500.00
Insurance		Insurance	\$4,000.00
Membership Fee		Membership Fee	\$500.00
Misc.		Misc.	\$100.00
Office Supplies		Office Supplies	\$200.00
Funeral Flowers		Funeral Flowers	\$200.00
Parents Day		Parents Day	\$200.00
Printing		Printing	\$300.00
TOTAL Utilities		TOTAL Utilities	\$650.00
Website		Website	\$0.00
Total Income	\$123,750.00	Total Expense	\$123,600.00

The 2014 budget was approved by the board at our June meeting. As you can see, it costs a tremendous amount of money to run this organization. One of our largest expenses each year has been our football equipment and football & cheerleader uniforms. While these costs may seem high, the board of directors feels like it is money well spent. The safety of our kids is without a doubt, our top priority. Having the latest helmets and pads is a “no brainer”. Our organization is proud to say that we have the best equipment that is available today, and we continue to upgrade all of our equipment each year. We also believe that our kids should have uniforms that represent them, and the organization, in the best possible light. To that end, we usually upgrade our uniforms, or at least the uniforms for one team, each season.

We hope this information will give you a better understanding of where your money is used. Please contact a board member if you have questions!

player/cheerleader responsibilities

football players

equipment/uniforms

The Flyers Football Organization furnishes each player with the following: game jerseys, game pants, practice jersey, practice pants, girdle, and a full set of pads including: hip, tailbone, knee, thigh, rib, shoulder, mouthpiece and helmet. We ask you to please take care of these items, as they will be reused. Coaches require players to purchase and wear a pair of rubber cleated football spikes, for all practices and games. Be sure you regularly inspect all equipment for damage, and bring this to your coach's attention ASAP. Don't wait until game day! Make sure you dress appropriately for the weather. You will be required to return all your equipment at the end of the season as per the player's agreement, which you will be required to sign when you pick up your equipment. Equipment turn in will be decided by the head coach after the final game.

conduct

- You are expected to behave in a respectful, courteous manner both on and off the field AT ALL TIMES.
- Be proud of your accomplishments. You are one of only a few in the entire community to dedicate yourself to football.
- You are a reflection of the Lower Burrell Flyers Youth Football organization. Always behave in a manner that brings pride to your family and the organization.

practice

- It is your responsibility to be at the field on time and prepared to practice, when practice is scheduled to begin.
- You must let your coaches know if you will be absent or late.
- Try to eat early, or even after practice. No heavy meals less than 1 ½ hours before a practice begins. We realize it's not always practical, but we practice very hard and this will help ensure players are physically ready.
- Practice is where everything begins! Be prepared to play hard as coaches are not only getting you into "game shape", but are also evaluating you for playing positions.
- Swearing, fighting, trash talking or talking back to coaches and other players will not be tolerated!!!
- Drugs and alcohol are not permitted at the field and will not be tolerated!!!
- Schoolwork is first and foremost - homework should be completed before practice.
- If you feel sick during practice or a game, tell your coach immediately.

- All injuries or illness requiring medical treatment will require a doctor's release to return to practice. All other injuries or illness requires a parent to sign off on their child returning to the field.
- You must never leave the practice or game field, without asking a coach's permission.
- All players must wear their full equipment while on the field.
- Coaches are here to teach you. If you do not understand something or are having trouble, talk to your coaches!
- Always run onto the field. (practice and games)
- Mouthpieces must always be worn while on the field.
- **Bring a water jug to practice.** The coaches will give water breaks as the weather dictates. Water is provided at games and bottled water can be purchased at the concession stand.
- Transportation to practices and games is YOUR responsibility. "I don't have a ride" is not a valid excuse!
- Always pay attention to your coaches. It is important for you and your team's safety.
- Let your coaches know of any special medical conditions you may have.
- Always take home all handout sheets. The information is very important.
- It is extremely important to be at practice and ready to play at all times. Coaches teach techniques, new plays, and drills, and when you miss practice you will fall behind and will not be prepared to play.
- You will be expected to learn more than one position, and all offensive and defensive plays.

playing time

- Football is a disciplined sport that requires all players working together as ONE UNIT. Playing time is EARNED by what YOU DO on the practice field.
- Playing time is NOT GUARANTEED. Practice gives you the OPPORTUNITY TO COMPETE for positions and playing time.
- Coaches do their best to evaluate all players for positions, with the ultimate goal of helping the team to WIN.
- Players unprepared to play cannot only hurt themselves, but could also allow teammates to get hurt.
- Coaches make every effort to get you into games, as the actual game situation allows.

cheerleading

uniforms

Shell and skirt are supplied by the Flyers Football Organization. All cheerleaders are to bring a change of clothes on game day, and change out of their uniforms immediately after their

respective games. This is to keep the uniforms in as good a condition possible for future squads. Wash uniforms in cold water; no bleach; gentle cycle and line dry. Do not dry clean or iron uniforms. Each cheerleader coach will determine when uniforms are to be returned, at the end of the season.

All cheerleaders will also be responsible for the cost of the following personal items:

- ▶ Cheer Shoes — all white cheer appropriate shoes
- ▶ Black — low rise boy cut shorts
- ▶ Wind Suits (jacket/pants)
- ▶ Hair bow
- ▶ Mid-drift top – black
- ▶ Pom-poms

Order forms for mid-drift tops, hair bows, briefs, and wind suits will be available at sign-ups.

conduct

- ▶ Athletes will show respect to the Board Members, Coaching Staff (All levels), Volunteers, and especially to each teammate.
 - Never bad mouth or insult any of the coaches or your teammates. Anyone who is caught saying inappropriate things will have to “sit out” at least one game, and parents/guardian will be called.
 - No swearing.
 - Please be honest- let your coach know when you’re having a problem with a stunt/cheer/motion.
- ▶ Athletes will give 100% effort at practices, games, and competitions.
 - Must stretch, do repetitious drills, jumps, and practice cheer & dance — without complaints.
- ▶ Athletes will represent the Lower Burrell Flyer Organization in a positive, respectful manner at all times, during and outside of practices, games, and competitions.
 - Always be kind and considerate to the opposite team’s players, cheerleaders, coaches and family members.
 - **NEVER ATTEMPT STUNTS WITHOUT A COACH OR PROPER SAFETY MEASURES IN PLACE.**

attendance

- ▶ Please let the coach know soon as possible in writing that your daughter chooses NOT to be involved in any of the cheer competitions, so routines can be choreographed accordingly.
- ▶ GAMES are mandatory.
- ▶ If a cheerleader has to miss practice, please have the courtesy to call the coach and let them know. Too many missed practices will result in an unknown routine, and your daughter will only be a fill-in.

- ▶ Please understand, that a lot of personal time is put forth to choreograph the girl's routines, and without all the members of the squad there... placement of stunts, dances will be jeopardized, and it isn't fair to the girls.
- ▶ If the boys are playing — the girls are cheering.
- ▶ No leaving the game after the halftime routine! Boys playing = Girls cheering!

dress code

Cheerleaders need to be dressed appropriately for practices:

- Proper gym clothing
- Neat Appearance — always at practice and games! No “revealing shorts/shirts”
- NO JEWELRY!!!! Especially Stunt Groups!
- Hair Back out of face
- Appropriate Tennis Shoes — please do not wear your “game” shoes for practice.
- If you are a flyer — do not wear shoes with thick/jagged treads.

practice

- The cheerleading practice will be five (5) days each week during August, and (3) days a week when school begins.
- It is YOUR responsibility to be on time for practices and games.
- Routines can sometimes be difficult to master. Ask your coaches for help if you don't understand.
- No swearing, fighting, trash talking or talking back to coaches and other cheerleaders or players.
- Schoolwork is first and foremost. Homework should be completed before practice.
- If you feel sick during practice or games, let your coaches know.
- Never leave the field without a coach's permission.
- Bring a water bottle to practices and games. Coaches will give water breaks as the weather dictates.
- Transportation to practices and games is YOUR responsibility. "I don't have a ride" is not a valid excuse.
- Always take home all handout sheets. The information is very important.
- Always pay attention to your coaches. It is important for you and your squad's safety.
- Be prepared when you get to practice. Cheering is a team effort and routines will only be as good as you make them - together, as a squad!
- It is very important to attend ALL practices. Your coaches teach new routines and techniques regularly, and when you miss practice, you will fall behind and will not be prepared to cheer as a squad.
- Cheer parents are asked to please stay on the home side of the field (near the concession stand) while the girls are on the visitors side during practice. Parents are distracting to the girls, and the coaches would like to be able to have their full attention without distraction.

parent/guardian responsibilities

1. Try to adjust your family schedule to be able to have your children at practice on time.
2. Football player parents: Please be aware of and ready to get your son to the weigh in on time. IF YOUR SON MISSES WEIGH-INS, HE WILL NOT BE PERMITTED TO PLAY. THIS IS A G28YFL RULE. THERE ARE NO EXCEPTIONS!
3. There is not a paramedic in attendance during practices. Therefore, **it is extremely important for you as a parent or guardian to be present during our practices.** Medical treatment for participants IS NOT the responsibility of Lower Burrell Flyers Organization.
4. No parent / guardian is permitted on either the practice or game field unless invited by a head coach.
5. Coaches will make certain that all participants are picked up or have rides home after practices / games. Please be considerate of their time, and don't make the coaches wait for your arrival.
6. Flyers Football Insurance is a supplemental policy. Should an accident or injury occur necessitating medical treatment, you should first enter the claim with your personal insurance company. Our policy will go into effect when your primary medical insurance benefits have been exhausted. If you do not have medical insurance, this policy will cover you, after a \$100 deductible, up to \$100,000 maximum benefit. Copies of this policy can be obtained from the Board of Directors.
7. Always make sure your child is ready for practices and games. Check his / her uniform and equipment, and report any problems to coaches immediately. If your child is sick, please call the coaches. The weather is usually warm through the end of September, so coaches give frequent water breaks. Make sure your child brings a water jug to the practices.
8. Discipline - Coaches take responsibility for players and cheerleaders while on the field, and a large part of our preparation is both individual and team discipline. Disruptive behavior will not be tolerated! Coaches determine the methods of discipline based on their experience and collectively aimed at continuing to build team unity.
9. Conduct - We require our players and cheerleaders to be respectful at all times both on and off the field. We believe parents, as positive role models, should act accordingly. Please be careful not to use negative or foul language toward any player, cheerleader, coaches, other fans or the referees. Bad conduct is cause for removal from the premises, and your child may possibly be eliminated from the Flyers Program. Maintain an attitude of good sportsmanship.

10. Pride - Be proud of your son or daughter! Our children are part of a select few in our entire community who have committed their time and effort to participate in this very demanding activity. Your child will develop a special camaraderie with his or her teammates, as they push themselves everyday to become better players and people.
11. Playing Time (Football) - Unlike other youth activities, there is no guarantee of playing time in football. A player's abilities, both mental and physical, and hard work at practice determine his level of playing. The G28YFL is very competitive, and its bylaws require we do our best to compete to win. Coaches evaluate players based on their perception and experience toward fielding a winning team. They will try to play all players during games, but individual action will depend on actual game situations. Remember, a player's worth is not necessarily measured by HOW MUCH he plays, but by HOW he plays.
12. Volunteering - The Flyers Football is a nonprofit, all volunteer organization of parents and children, and we need your help in many ways. Game days are particularly busy and here are some areas where we need your help:
 - a. Work concessions
 - b. Work the 50/50 in the stands
 - c. Collect admissions at the gate
 - d. Handle the sticks during games
 - e. Clean up the field afterwards
 - f. Help with parking
 - g. Announce games and run the scoreboard
13. There will be a schedule for all work duties posted at the concession stand for games days and practice days. We are asking each family to sign up for one practice and one home game or two home games the entire season. We aren't asking anyone to miss their children's games. The more you contribute, the more you will get back by helping your children's and friends. Should you not want to perform your volunteer duties, you are given the opportunity to opt out of the volunteer requirements by paying \$50 at registration.
14. Hand Out Sheets - Sometimes during practices, we need to get information to parents, so we send home hand out sheets to each child. Please read these hand-outs, as the information contained in them is very important.
15. A note on fundraising - During the past, we have experienced problems with fundraising. Mostly participation and collection of monies owed. We believe that since each child receives the same benefits (and awards) from this organization, that it is only fair that everyone participates equally. It wouldn't be fair to expect someone else to do your share, so we are asking you to please be aware of your fundraising responsibilities, and timely returns; so that we may all have a successful season.

16. Questions/Comments/Concerns - All coaches are available BEFORE practice, for discussion of issues or concerns you may have. Board Members are usually around the concession stand, and will try to help you with anything we can.
17. ***We are always seeking out individuals who might be interested in joining the Board of Directors. We believe that we are helping to build and strengthen our children's' lives by being a part of it. Although we work very hard, it is that feeling of pride and accomplishment that we get each and every season that makes it so rewarding. If you are interested, please sign up when nominations are being accepted.***

important contact information

Head Coach: _____

Phone #: (_____) _____

Assistant Coaches: _____

important dates to remember

equipment days

Football – July 14th Plebes, Recruits, Cadets

Football – July 21st Flyers

Cheerleading – TBD (check website)

conditioning

July 22nd to 24th - all football teams

practice begins

July 28th

football camp

There will not be football camp this year.

Cadet and Flyer players will be notified by the coaches if practice will be extended during the first week.

fundraising dates and deadlines:

subway cards

Due Date – week of August 25th

night at the races

Due Date – week of September 1st

The Night at the Races is Saturday, September 20th at the VFW in Lower Burrell

gun bash tickets

Due Date – week of October 6th

The Gun Bash is Sunday, November 2nd at Kinloch Fire Hall